

SUPPORT NETWORK INFORMATION

On the following pages are questions about the people whose names you wrote down on the Support Network list. Please write the first name and last initial of the first person you listed and answer the questions about him/her. Then write the first name and last

initial of the second person you listed and answer the questions about him/her. Go through your entire Support Network list.² Each set of questions for each person takes less than a minute to answer, so the following pages will not take you long.

First name, last initial _____

Rate the extent to which you agree with the following statements by circling the appropriate numbers.

| | Almost never | | Sometimes | | Usually | | Almost always |
|---|-----------------|---|-----------|---|---------|---|------------------|
| <u>During times of stress:</u> | | | | | | | |
| I seek this person out for support or help | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| This person provides me with support or help when I ask | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| I am satisfied with this person's support or help | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Place a check next to the categories of support you might expect to receive from this person during times of stress:

- a) Emotional Support
 d) Physical Assistance
 b) Material Aid Support
 e) Social Participation
 c) Advice and Information

This person receives support from me during times of stress for him/her.

| | | | | | | |
|--------------|---|-----------|---|---------|---|---------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Almost Never | | Sometimes | | Usually | | Almost Always |

Generally speaking, I have serious conflicts with this person.

| | | | | | | |
|--------------|---|-----------|---|---------|---|---------------|
| 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| Almost Never | | Sometimes | | Usually | | Almost Always |

¹When the model of perceived social support was being developed, the authors considered including a proportion of relationship category as a component variable. However, there was little research supporting its relevance to the model. It was included in the instrument to test exploratory hypotheses about its relationship to perceived social support and other constructs in future studies.

²There are twelve groups of statements, one for each network member listed. For brevity's sake, only one group of statements has been presented here. Copies of the entire instrument are available from the first author.